

Performance

Performance is exciting, fun, rewarding, and essential to musical growth. It gives the student the opportunity to start with the raw materials, put them together, practice, polish, and master.

If you start performance experience early, you will avoid stage fright and performance anxiety. However, the real and only fully successful cure to stage fright is knowing your material.

In preparation for a recital, the piece should be well-learned, well-practiced, and memorized, if possible. It helps for the student to play an “invisible imaginary violin” and sing the notes as a practice session. Ideally, they will enjoy the song they are playing.

The recital should be light, not too long, fun, and followed by a reception and refreshments.